

FISH STATION

- Importance of Malibu Lagoon for fish and other animals
 - Productivity
 - Estuaries are among the most productive ecosystems (coral reefs and tropical rainforests are most productive)
 - Nursery Area
 - Many fishes use lagoons as breeding grounds or as nurseries for small fishes – lagoons are typically warmer and more nutrient rich with lots of food which allows for fast growth, and lagoons typically offer shelter from predators
 - Ex. of fish that use lagoons as a nursery area – Halibut, Mullet, Sardines, Smelt
 - Spawning Sites
 - Migration Routes (steelhead, migratory birds)
 - Filtration
 - Lagoons filter the water and sediment that runs from the top of the watershed before it enters into the ocean, which improves water quality offshore.

- Introduction to Fishes
 - Life cycle – most fish have a planktonic larval stage (zooplankton), but some are livebearers (ex – surfperch)
 - Growth - Fish (and animals in general) generally grow very quickly when young and growth slows with age. Once they reach a max size, they will continue to accumulate body mass (note – BOFF = Big Old Fecund Female = lots of healthy eggs); growth can vary with several parameters such as sea temperature and food availability
 - Gravid – term to describe pregnant fishes
 - Fins – Dorsal, Pectoral, Pelvic, Anal, Caudal – different shapes/sizes for different types of swimmers (ex. maneuvering, anguilliform-eels)
 - Gills – used for gas exchange (breathing)
 - Mouth/Eye position – helps target certain prey (halibut have eyes on both side of head when in the plankton, rotates to one side after settlement – can be righty or lefty! – some species are only right or left-eyed)
 - Scales
 - 4 common types of scales: ctenoid, ganoid, placoid, cycloid
 - Steelhead Trout have cycloid scales
 - Ctenoid and cycloid scales can be used to age a fish because they accumulate concentric rings around a focus which can be classified into annuli
 - Otoliths
 - Hard, calcareous structures located in the cranial bones near the brain of teleosts
 - 3 types – sagittae (largest & most typically used in aging studies), lapilli, astersci
 - made of calcium carbonate crystals embedded in an organic matrix – grow daily
 - Teeth – different shapes and sizes for different predators
 - Piscivores – eat fish (kelp bass,
 - Planktivores – eat plankton (damsel fish, gobies, lots!)
 - Herbivores – eat algae/plants (only 3 species off our coast – opaleye, halfmoon, zebra perch; opaleye found in Malibu Lagoon)
 - Coralivores – eat coral (ex-parrotfish)
 - Body shape – varies depending on lifestyle (ex-flattened (depressed)-flounder, halibut; fusiform-tuna, salmon; anguilliform-eels)
 - Type of predator – ex.-sit and wait, ambush, filter feeder

- Camouflage – countershading (ex. sharks), chromatophores (ex-octopus, flatfish – can change color to camouflage)
- Finlets or caudal keel – pelagic fishes have these to help reduce drag when swimming fast for long distances (ex – tuna, marlin)
- Some differences between bony and cartilaginous fishes
 - Bony fishes – Class Osteichthyes or Teleosts (~95% of fish)
 - Have calcareous bones like us!
 - Have Swim bladders – help maintain neutral buoyancy by gas exchange
 - Lack eyelids
 - Cartilaginous fishes – Class Chondrichthyes (sharks, rays)
 - Lack calcareous bone, instead are made of tissues of which cartilage is one – like that found in our ears and noses! Cartilage is only about half as dense as bone, which means less energy needed for swimming
 - Have Dermal Dentacles – tooth-like scales and the reason sharks and rays feel sandpapery
 - Lack Swim bladders – use dynamic lift (hydrodynamic planing) to achieve neutral buoyancy
 - Have Eyelids – some sharks have a nictating membrane (like a penguin) to protect their eye; the great white has muscles that can roll the eye back into the socket!
 - Have relatively large livers which contain low density oils (helps w/buoyancy)
- Endangered species found in the lagoon – steelhead and tidewater goby
 - Steelhead trout (*Oncorhynchus mykiss*)
 - In the Salmonid family
 - Anadromous life cycle: freshwater – saltwater – freshwater
 - What other species can do this?
 - Lagoon very important for the survival of this species because of the time spent in the lagoon as a *smolt* growing and morphologically changing to be able to withstand salt water.
 - Found in Malibu Creek and Topanga Creek – RCD conducts monthly snorkel surveys to monitor their abundance and movement. Mostly small fish in both.
 - Tidewater goby (*Eucyclogobius nicholsii*)
 - Gobies are most speciose family of fishes (Gobiidae)
 - Gobies are bottom-dwelling and have fused pelvic fins (one way to tell if it is a goby)
 - Completely extirpated from Malibu Lagoon by 1970. Successfully reintroduced to the Lagoon in 1991 from Ventura River population.
- Other species potentially found in the lagoon/creek
 - Seine conducted in 2005
 - See fish guide on website for more information on fishes observed in the lagoon
 - Richard Ambrose and Douglas Meffert studied lagoon fish-assemblage dynamics 1993-1994 – observed 13 species and 16,444 individuals, 80% of which were CA killifish, mosquitofish 9%, topsmelt 7% of total catch.
- Invasive/Introduced species – species that are not native to this area and thrive
 - Carp, catfish, sunfish, mosquitofish, largemouth bass
 - Mosquitofish were introduced to control mosquito populations and are still used today as vector control

RCD Educator Training Guide – Fishes and Malibu Lagoon

- Some animals found swimming in the ocean that are not fish:
 - Marine Mammals
 - Pinnipeds - seals, sea lions
 - Cetaceans - dolphins, porpoises, whales
 - Dolphins found off the SoCal coast: Common, Bottlenose, Risso's, Pacific White Sided
 - Whales found off the SoCal coast: Gray, Blue, Fin, Humpback, Minke, Killer
 - Fun fact - is a whale shark a whale or a shark? – a shark! It eats plankton!
 - Common Seabirds at Malibu Lagoon
 - Cormorants – can dive deep – I saw one at 60 ft once when diving off Catalina!
 - Western Gulls, Brown Pelicans,
 - Cool sea birds that you will not find at Malibu Lagoon:
 - Penguins – 17 species, all live in Southern Hemisphere!
 - Puffins – 3 species, all live far north in Northern Hemisphere!
 - Invertebrates – lack a backbone
 - Invertebrates found in the tide pools near the lagoon and fun facts – sea urchins, sea stars, mussels, limpets, barnacles, ecology-mussels and sea stars (see sandy beach ecology guide)
- Linking water quality with plankton and fishes (see Water Quality and Plankton Guides)
 - Good water quality = lots of plankton = lots of food for fishes and invertebrates
- Plankton is responsible for **60-90%** of O₂ we breathe!
- Plastics in the ocean
 - ~90% of all trash floating on ocean's surface is plastic (46,000 pieces of plastic per square mile!)
 - Great Pacific Garbage Patch – world's largest ocean garbage site (twice the size of Texas!), plastic pieces to sea life ratio = 6:1!
 - Balloons in the sea – sea jelly look-a-likes – sea turtles, dolphins, and other marine organisms eat sea jellies!

Teaching Tips:

- Ask lots of questions to make sure the students are engaged
- Use props, anecdotes when possible
- Relate material to something they might know about (spongebob, nemo!)
- Keep your talking to a minimum and have the students teach one another when possible
- Have the students do hands on activities as much as possible

Recommended Reading and Useful Websites:

- Cailliet, G., M. Love, A. Ebeling. 1986. FISHES: A Field and Laboratory Manual on Their Structure, Identification and Natural History. Waveland Press, Inc. Long Grove, IL.
- The Fishes (Stream Biology and Ecology) - <http://chamisa.freeshell.org/fish.htm>
- The Growth of Fish (Gray and Setna 1930!) - <http://jeb.biologists.org/content/8/1/55.full.pdf>
- FishBase: A Global Information System on Fishes - <http://fishbase.org/>

- Differences between sharks and bony fish & other fun fish facts: <http://www.sharksavers.org/en/education/shark-biology-behavior/395-differences-between-sharks-and-bony-fish-more-than-just-the-skeleton.html>
- Plastics in the Ocean: <http://www.savemyoceans.com/plastics.php>
- Great Pacific Garbage Patch: <http://www.greatgarbagepatch.org/>
- Balloons as Litter: <http://www.longwood.edu/cleanva/balloons.htm>